

AIDS

Awareness Game

This game is designed for a group of young people, led by a facilitator.

Preparing for the Game:

You will need:

- one die;
- 4 small objects, e.g. stones with dots of different colours – one to represent each team;
- the Message about risky sex (page 3) printed out;
- the 4 Girl Cards (page 4) – printed and cut out;
- the 4 Risk Day Lists (pages 5 to 8) printed out;
- the Good Day Cards (page 9) – printed twice and cut out, so there are two copies of each card;
- The gameboard (page 10) printed out.

The Design & Aim of the Game:

Participants split into 4 teams. Each team is in charge of a teenage girl. The aim is to get the girl through the game (a time span of about three years) without her suffering HIV infection, pregnancy, family breakdown or other disaster.

Setting up the Game:

- Pin up the Message about risky sex.
- Shuffle the Good Day Cards and put them out in a pile, face down.
- Each team is given a Girl Card and chooses an object to represent her on the board.
- The facilitator keeps the 4 Risk Day Lists.

Playing the Game:

Each team take turns to roll the die and move their girl that number of squares along the board.

- When a girl lands on a **Good Day** square, the team picks up a Good Day Card from the pile and follows the instructions.
- When a girl lands on a **Risk Day** square, the facilitator reads out a text from that girl's Risk Day List (starting with 'Risk Day 1'). The girls' team must then roll the die or present a Good Day Card if they have one.
- Whenever a girl ends up having unprotected sex her team must roll the die as per the pinned-up Message, to find out the consequences...
- The game continues until all the girls have reached the end of the board.



Instructions for the facilitator:

In terms of learning objectives, your job is to make sure that, by the end of the game, the participants:

- have good information about HIV/AIDS transmission; and
- have a chance to discuss attitudes and choices with each other.

If everyone discusses the four girls as people, and shows sympathy for them, the participants will hear that girls in the middle of making bad choices are still valuable people. And you want them to leave with the intention of making good, informed choices for themselves.

The participants may decide that part of the game is wrong, or that risks are distorted. If they have a good case, try to adapt the game to fit, providing you stay within the known facts. Making such a change would help the participants feel ownership.

Some key information:

1) In South Africa, 36% of young women attending Ante-natal Clinics are HIV positive.

<http://www.who.int/hiv/AFRO2005.pdf>

2) Male circumcision seems to reduce the man's risk of infection by 60% but, once infected, he can still infect his partner(s).

www.sciencenews.org/articles/2005

3) In parts of Africa, 20% of adolescents have had at least one abortion and this is often illegal and unsafe:

http://www.who.int/reproductivehealth/publications/unsafe_abortion_estimates_04/estimates.pdf

Cut this message out and pin it up:

You roll the dice whenever you have

sex without a condom:

1, 2, 3 or 4 = you are not pregnant or infected

5 = you are pregnant *

6 = you get infected with the HIV virus

*** If you are pregnant, roll the dice again:**

1, 2, 3 or 4 = you have the baby.

5 = you get an illegal abortion which goes okay.

6 = you get an illegal abortion and you get very ill.

	<p>Fanni aged 16</p> <p>You are Fanni, aged 16. You are smart, and you hope to join the Nursing Training School. You will be eligible – providing you stay in secondary school and keep out of trouble. You are living in the boarding facility. Some of your friends sneak out but up to now you have been good and focused on your studies. But now as you get older you feel that maybe boys are as important as your studies.</p>
	<p>Tricia aged 14</p> <p>You are Tricia, aged 14. You are doing okay in school but you skip it when your mum needs help – and you also skip school when your boyfriend is free. He is 20 and does any jobs he can find. But you are nearly 15, and you feel that perhaps it is time to be a woman...</p>
	<p>Kora aged 17</p> <p>You are Kora, aged 17 and in Secondary School; your boyfriend is also 17. You know he is a really nice guy. So you want to make him happy. He has had some sexual experiences. He wants sex but only if you are ready. And neither of you want to take risks.</p>
	<p>Aganti aged 16</p> <p>You are Aganti, aged 16; your mother has just died of AIDS, your father died of AIDS a year ago, and you have four younger siblings. Your mother had been making fried donuts at home, selling them to a vendor with a kiosk. Now you must leave school and take over her job – but it does not make much money and you all go to bed hungry.</p>

Fanni

Risk day 1: You know you will probably fail a crucial school exam. But the teacher is nice to girls who have sex with him. What should you do?

Roll the die.

1 = you agree to have sex with the teacher without a condom in return for an easy marking. *Roll the die again!*

2 to 6 = you do not. Girls with babies cannot join the nursing school.

Risk day 2: In the holidays you meet the Admissions Co-ordinator at the Nursing school who explains that to get a place you must have sex with him. What should you do?

Roll the die.

1 = you agree to have sex with the Co-ordinator without a condom in return for a place. *Roll the die again!*

2 to 6 = you do not. Girls with babies cannot join the nursing school.

Risk day 3: You talk to an acquaintance who did three months in the nursing school. She says that it was very hard work. You know it would be easier to go home to the family home and pick up with the old boyfriend. What will you do?

Roll the die.

1 to 4 = you hang on in boarding school.

5, 6 = you run home and find the old boyfriend – and have sex even though he does not want to use a condom. *Roll the die again!*

Risk day 4: You meet a boy, fall in love and start climbing out of the school at night to meet him.

Roll the die.

1, 2 = you have sex with no condom. *Roll the die again!*

3 to 6 = you insist on a condom – until he gets an HIV test.

Risk day 5: You are in love and climb out of the school at night to meet him.

Roll the die.

1, 2 = you have sex with no condom. *Roll the die again!*

3 to 6 = you insist on a condom – until he gets an HIV test.

Risk day 6: Your parents find a good husband for you. He is an older widower.

Roll the die.

1, 2 = you agree to the marriage at the end of Secondary School – so no more Nursing School.

3, 4 = you insist that he has an HIV test.

5, 6 = you refuse to get married at this stage of your life.

Tricia

Risk day 1: You are together. Your boyfriend had brought three bottles of beer, and he says "But I love you – if you love me, you would have sex with me".

Roll the die.

1 = you have sex – but you do not have any condoms. *Roll the die again!*

2 to 6 = you do not.

Risk day 2: You are together. Your boyfriend had brought four bottles of beer, and he says "But I love you - don't you trust me? When you ask me to use condoms – that is showing me no trust at all".

Roll the die.

1 = you have sex (without condom). *Roll the die again!*

2 to 6 = you do not.

Risk day 3: You are together. Your boyfriend had brought four bottles of beer, and he says "Clearly you don't love me or you would have sex with me. I am a man with normal feelings. I need sex to keep healthy".

Roll the die.

1 = you have sex (without condom). *Roll the die again!*

2 to 6 = you do not.

Risk day 4: You are together. Your boyfriend has brought four bottles of beer, and he says "Clearly you don't love me or you would have sex with me. I will be forced to find another girl who can meet my needs. And you will be to blame".

Roll the die.

1 or 2 = you have sex (without condom). *Roll the die again!*

3 to 6 = you do not.

Risk day 5: You are together and drinking beer, and he says "If you get pregnant I will look after you. I would like to have son. It takes a real man and a real woman to make a son."

Roll the die.

1 or 2 = you have sex (without condom). *Roll the die again!*

3 to 6 = you do not.

Risk day 6: You are together and drinking beer, and he says "I have found a proper job so in a few months we can get married. Now there is no reason not to have sex".

Roll the die.

1 or 2 = you have sex (without condom). *Roll the die again!*

3 to 6 = you do not.

Kora

Risk Day 1: Your boyfriend shows you some condoms and promises to use them. What should you do?

Roll the die.

1 or 2 = you have sex (with a condom).

3 to 6 = you say "No, I am not ready".

Risk Day 2: Your boyfriend takes you to a health worker friend who gives you the oral contraceptive pill. Your boyfriend says that he knows that he does not have the HIV virus – so condoms are no longer necessary.

Roll the die.

1 or 2 = you have sex (without condom). *Roll the die again!*

3 to 6 = you insist on a condom – until he gets an HIV test.

Risk Day 3: Your boyfriend says that he had learnt that men who are circumcised are not infectious. So it is no longer necessary to use a condom.

Roll the die.

1 or 2 = you believe him and have sex with no condom. *Roll the die again!*

3 to 6 = you talk to the health worker who says that circumcision reduces the risk of transmitting HIV – but only by half. You still need a condom.

Risk Day 4: You ask your boyfriend to get an HIV test and he gets angry and threatens to break off his relationship with you.

Roll the die.

1 or 2 = you have make-up sex (without condom because he forgot to buy any). *Roll the die again!*

3 to 6 = you do not see him for two weeks.

Risk Day 5: Your boyfriend gets a place as an apprentice car mechanic. He will be qualified in four years time. He says he will marry you after he qualifies – or before, if anything happens.

Roll the die.

1 or 2 = you have sex (without condom). *Roll the die again!*

3 to 6 = you do not have sex.

Risk Day 6: Your boyfriend's brother's wife gives birth to a son and your boyfriend decides he wants a child too. He asks you to stop taking the pill. Your exams are in two months and you have the chance of a job. What should you do?

Roll the die.

1 = you decide to stop taking the pill. *Roll the die again!*

2 to 5 = you hide the pills and take them secretly.

6 = you decide to leave him.

Aganti

Risk Day 1: You have been fetching water from a lake. It is a long walk and the water is not clean, but it is free. Now a hawker offers you water and money for sex.

Roll the die.

1 = you agree to have sex with him (without condom). *Roll the die again!*

2 to 6 = you refuse his offer.

Risk Day 2: Your family has no latrine or private washing place. You have big problems managing menstruation – if you cannot keep clean the vendor will smell you and refuse to buy any donuts you make until you are “clean” again. Now the man next door offers you the use of his big latrine with room to wash – in return for sex with no condom...

Roll the die.

1 = you agree to have sex with him (without condom). *Roll the die again!*

2 to 6 = you refuse his offer.

Risk Day 3: Your young sister has malaria badly and there is no money for medicines. The pharmacist offers you medicines in return for sex (no condom).

Roll the die.

1 = you agree to have sex with him (without condom). *Roll the die again!*

2 to 6 = you refuse his offer.

Risk Day 4: An older man with a business comes to see you. He says he likes you a lot and offers to look after you. In return he wants a loyal girlfriend.

Roll the die.

1 or 2 = he agrees to use condoms.

3 or 4 = you agree, although no condoms. *Roll the die again!*

5 or 6 = you insist he has an AIDS test.

Risk Day 5: You go to see an old teacher who is a nun. She suggests that you might have a vocation. You could join the nunnery – but your younger brothers and sisters would have to go into the orphanage. You are finding everyday survival very difficult. You are very tempted.

Roll the die.

1 or 2 = you go into the nunnery.

3 to 6 = you do not.

Risk Day 6: To survive you need to produce more income, more donuts. You need a new division of labour in the family. Your two younger brothers need to start fetching the water and taking away the rubbish. They do these activities in school as part of the water & sanitation programme there. But normally, in this culture, males do not do these tasks and your brothers would lose face.

Roll the die.

1 to 3 = they agree to the new regime.

4 to 6 = they do not agree. With no increase in income, the family will split up.

<p>GOOD DAY</p> <p>You go to a young woman's workshop. You learn about the risks of HIV and pregnancy, and you practice saying "No".</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>	<p>GOOD DAY</p> <p>A new teacher in your school takes time to talk to you. You feel more valuable.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>
<p>GOOD DAY</p> <p>You decide on a career and you feel passionately about it. It makes you feel more valuable.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>	<p>GOOD DAY</p> <p>Your father (if you have one) has started to pay you more attention. This make you feel more valuable.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>
<p>GOOD DAY</p> <p>You become friends with four other girls and you decide to meet for mutual support. You talk about hopes and dreams. You feel more valuable.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>	<p>GOOD DAY</p> <p>An NGO is offering scholarships to AIDS orphans like you and your siblings – school fees, money for books, uniforms, rent and food. You apply. <i>Roll the die.</i> 1 to 3 = you get it; 4 to 6 = you do not.</p> <p><i>If you get the scholarship then keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>
<p>GOOD/SAD DAY FOR YOU</p> <p>Your mother is diagnosed with AIDS. She is very sick and unhappy. Some friends stop visiting. She cannot cope or pay for treatment.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>	<p>GOOD/SAD DAY FOR YOU</p> <p>Your mother is diagnosed with AIDS. She is very sick and unhappy. Some friends stop visiting. She cannot cope or pay for treatment.</p> <p><i>Keep this card! You can use it to stop yourself having unsafe sex on a Risk Day. (Instead of rolling the die you are able to choose your decision).</i></p>

